UW-Stevens Point Track & Field
“Big Dawg” Invitational
February 8th, 2020

Eligibility: Open to invited collegiate teams, and track clubs. Selected open athletes on approval! High school athletes are not eligible to compete

Entry Fee: Entry Fee is $200.00 per team/ $400.00 for both men’s and women’s teams, or $30.00 per individual, or $50.00 per relay. Make check payable to UW-Stevens Point Track & Field.

Entries: All entries will be submitted on-line. www.directathletics.com – Big Dawg Invitational

Unlimited entries will be allowed for all individual events and three relay teams per event per school. No additions, changes, or substitutions will be allowed on meet day.

All entries, including relays, must be verifiable performances from this indoor season or the athlete needs to be entered at “No Mark”

Open/Unattached athletes must enter by registering through Direct Athletics. An entry fee, of $30, must be paid by credit card at the time of registration.

Online entry begins on Sunday February 2nd @ 6:00 am.

Final Declaration of entries is due Thursday February 6th @ 11:59 am.

Info Pickup: Please pickup your meet information packet, pay entry fee, and make scratches at the finish line upon arrival.

Track: The track is 200 meters unbanked Mondo FXT. ⅛” Pyramid spikes only. Spikes will be checked by the clerks.

Long Jump: Distance from board to sand is 8 feet. 120 feet of approach on outside of the track. ¼” Pyramid spikes only. Spikes will be checked by the clerks.

Triple Jump: There are 4 boards with distances from the pit being 28, 32, 36, 40 feet. Unlimited approach. ½” Pyramid spikes only. Spikes will be checked by the clerks.

High Jump/Pole Vault: On track infield. Unlimited approach, ⅛” exposed Pyramid only. No pin spikes are allowed.

Shot Put/Weight: On track infield.

Locker Rooms: Locker rooms and showers are located in the Quandt Fieldhouse located directly next to the track. Please provide your own towels and locks. No items should be left unattended.

Training Room: Trainers and training room facilities will be available at the track area. Please provide your own supplies.

Team Areas: No team camps are allowed on the infield of the track, due to two throwing areas. All team camps must be in the hallway outside the track area.

Absolutely no food or drink allowed inside the field house. Only water is allowed inside the field house and track area. Electronic equipment is not allowed inside the competition areas as per NCAA Rules, this includes IPods, cell phones, etc.
UW-STEVEN'S POINT TRACK & FIELD
TIME SCHEDULE/ORDER OF EVENTS
February 8th, 2020

This schedule has only the order of events; it does not list specific times for each event:

FIELD EVENTS: 10:30 AM

<table>
<thead>
<tr>
<th>Event</th>
<th>Gender</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight Throw -</td>
<td>Men</td>
<td>10:30 East Ring</td>
</tr>
<tr>
<td>Shot Put -</td>
<td>Women</td>
<td>10:30 West Ring</td>
</tr>
<tr>
<td>Pole Vault -</td>
<td>Men</td>
<td></td>
</tr>
<tr>
<td>High Jump -</td>
<td>Women</td>
<td></td>
</tr>
<tr>
<td>Long Jump-</td>
<td>Men</td>
<td></td>
</tr>
<tr>
<td>Triple Jump -</td>
<td>Women</td>
<td></td>
</tr>
<tr>
<td>Pole Vault -</td>
<td>Women</td>
<td>(immediately following completion of men's vault)</td>
</tr>
<tr>
<td>Weight Throw -</td>
<td>Women</td>
<td>(immediately following completion of Men’s Weight)</td>
</tr>
<tr>
<td>Long Jump -</td>
<td>Women</td>
<td>(immediately following completion of men's long jump)</td>
</tr>
<tr>
<td>Triple Jump -</td>
<td>Men</td>
<td>(immediately following completion of women's triple jump)</td>
</tr>
<tr>
<td>High Jump -</td>
<td>Men</td>
<td>(immediately following completion of women's high jump)</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Men</td>
<td>(immediately following completion of Women’s shot)</td>
</tr>
</tbody>
</table>

RUNNING EVENTS: 11:00 AM

All events will be heats against time unless stated otherwise

Men will run first in all races with exception of the hurdle finals.

Please note that if we need to run more than 1 section of the 5000 and or the 3000 the slower sections will run beginning at 10:30 AM.

DISTANCE MEDLEY RELAY – if not contested hurdle prelims will start at 11:00
60 METER HURDLE TRIALS
60 METER DASH TRIALS
5000 METER RUN
MILE RUN
400 METER DASH
60 METER HURDLE FINAL – Women First
60 METER FINAL
800 METERS
200 METERS
3000 METERS
1600 METER RELAY
Only ¼ inch pyramid spikes are allowed in all venues. Failure to adhere to this rule will result in disqualification.

Spikes will be checked when you check in for your event.

Most spikes that come with the shoes when purchased are not 1/4 pyramids.
SPIKES
The only spike allowed on our Track facility is the ¼” pyramid spike.

**ATHLETES WILL NOT RUN IF THEY DO NOT COMPLY WITH THIS RULE.**

Spikes must be checked prior to the start of your race. Anyone found using any spikes other than ¼” Pyramid Spikes will be disqualified.

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NO Christmas Tree Spike Pins

1/4” Pyramid “Cone Shape” Only

NO Needle Spike Pins