UWSP DRUG TESTING POLICY

I. Philosophy

The University of Wisconsin-Stevens Point’s Varsity Athletics Department is committed to encouraging student-athletes to avoid the misuse or abuse of banned substances and alcohol, including prescription drugs, controlled substances and performance-enhancing drugs. Membership on an athletic team at UWSP is a privilege and not a right. This privilege carries with it responsibility to the team, the athletic program, the student body, the university and the community. Student-athletes are expected to demonstrate good sportsmanship, honesty, integrity, respect for others, as well as to abide by all team and university, WIAC and NCAA policies.

The NCAA expressly prohibits the illegal use of banned substances. While this document specifically pertains to UWSP’s drug testing procedures, the NCAA may also test participants for banned substances utilizing a year-round testing program and at NCAA Championships. If a student-athlete tests positive in an NCAA-administered test, he/she will be held accountable per NCAA regulations. In such cases, the student-athlete may also be sanctioned by the Athletic Department, WIAC, and the University.

The central objective of the UWSP Drug Education/Screening Program is to; educate, inform and counsel student-athletes; to promote the health and safety of all student-athletes; to assist student-athletes in making healthy and responsible choices; and to enhance the quality of their total experience at UWSP. This policy is also intended to promote responsible decision-making for all student-athletes, coaching staff, administrators and support staff. All regulations supported by the Athletic Department are in accordance with university, local, state, and federal laws and policies.

II. Objectives

- Educate UWSP student-athletes on the physical, psychological and social effects of banned substances and alcohol abuse
- Educate UWSP student-athletes on the NCAA and UWSP penalties for a positive test or an alcohol related incident
- Identify through periodic testing those athletes who may be involved in banned substance or alcohol abuse
- Provide assistance, including a mechanism of counseling and rehabilitation, for student-athletes in need
- Support a drug-free training & competitive environment by the athletic coaching staff and administration

III. Educational Component

The educational program includes: (1) annual explanation of University of Wisconsin-Stevens Point’s drug testing program to student-athletes and those associated with athletic teams; (2) dissemination of information to student-athletes and those associated with athletic teams regarding alcohol and other drugs, its use and abuse, and how such use or abuse may affect the athlete and his/her teammates, and; (3) utilization of health education programs to educate student-athletes who are cited for an alcohol incident, or who test positive for drugs.

1. Explanation of UWSP’s program to student-athlete:
   a. A presentation will be made to each athletic team annually in order to outline and review UWSP’s drug and alcohol education and testing program, its purposes, implementation and interventions.
   b. A copy of the policy will be given to student-athletes at their annual policy review meeting. They will be asked to sign both the NCAA and UWSP drug-testing consent forms.
c. Any student-athlete who does not wish to sign the Statement of Understanding & Consent Form will be ineligible for participation in the program.

2. Education to student-athletes and others about AOD.
   
a. Each team and coaching staff will meet annually and at special sessions deemed necessary by the Team Physician for educational sessions which will focus on information regarding the dangers of using performance-enhancing substances, illegal substances and alcohol.
   
b. Goals of these meetings shall be to inform those associated with intercollegiate athletics how to recognize the warning signs and side effects of specific drugs; to educate the student-athlete and other appropriate personnel about the associated problems of drug and alcohol abuse; to identify counseling and treatment programs as well as referral centers outside UWSP when necessary.
   
c. Attendance of student-athletes at scheduled educational sessions is mandatory. Absences will be permitted only with the approval of the Head Coach. Certified Athletic Trainers, Team Physicians and other responsible personnel are encouraged to attend these educational sessions. All coaches, student athletic trainers and student managers are expected to participate as well.

IV. Tobacco Policy

The use of tobacco is prohibited in connection with any intercollegiate athletic function. A function is defined as any activity that is held as a team whether it is meetings, practices, games or informal workouts on and off the grounds of the University of Wisconsin-Stevens Point (NCAA bylaws 11.1.7 and 17.1.12) This also includes related activities in the training rooms, locker rooms, and weight-training facilities.

V. Alcohol Use Policy

The University of Wisconsin-Stevens Point does not condone the irresponsible use of alcohol and seeks to promote an environment in which choosing not to drink is socially acceptable. We firmly believe that the use of alcohol can be detrimental to the physical and mental well-being of its student-athletes. The use of these substances can seriously interfere with the performance of individuals as students and as athletes and can be dangerous to the student-athlete and his/her teammates.

A student-athlete who violates any of the general local, state and federal laws governing alcohol regulations or the UWSP regulations would be subject to the penalties outlined in this policy.

No student-athlete or student-manager, while actively participating in the UWSP Athletic Department sponsored activity (i.e. team meals, team practice, away trips, or hosting student recruits, etc.) will be permitted to purchase, consume, possess, distribute, sell or be under the influence of alcohol. Road trips are defined as a period of time starting with departure from campus to time of return or as released by the head coach.

Student-athletes serving as hosts for prospective student-athletes are not to take the prospect into any environment where alcohol is distributed in an uncontrolled manner. Consumption or possession of an alcoholic beverage in the presence of a prospective student-athlete during a campus visit is prohibited.

Penalties:
Student-athletes who violate the above rules and regulations regarding alcohol will face the sanctions outlined below. Offenses will accumulate throughout a student-athlete’s period of intercollegiate eligibility at UWSP. Failure to fulfill sanctions may result in suspension from the team’s regular season contests.

First Offense: Meeting with Head Coach; Alcohol education through PACE; Apology to team; Probation for 16 weeks; Signed statement of understanding of the conduct policy and consequences of future violations

Second Offense: Meeting with Head Coach/Athletic Director; Apology to team; 25 Week Probation; Suspended from 25% of team’s regular season, which may include post-season and carry over to next season; Signed statement of understanding; Education Component - BASICS

Third: Meeting with Head Coach/Athletic Director; 52 Week Disciplinary Probation; Suspended from 50% of team’s regular season, which may include post-season and carry over to next season; Signed Statement of understanding

Fourth: Meeting with Head Coach/Athletic Director; Suspended from all further intercollegiate athletic participation at UWSP; Suspension from UWSP for a minimum of one semester.

**Good Samaritan Guide**: This provision applies only to cases of alcohol intoxication, abuse or overdose. The University is committed to the safety of its students. If a student becomes impaired by the use or consumption of alcohol to the extent that medical assistance or contact with athletic staff may be necessary to prevent harm to the student or others, the University agrees that it will waive its right to impose a first violation against the student or the assisting student(s) for an alcohol violation under this policy. However, this waiver shall not serve as a pass for students to flagrantly or repeatedly violate this policy. Instead, the student(s)’s actions will be handled through the general rules and regulations of the UW-Stevens Point Athletic Department, Board of Regents of University of Wisconsin System policies and guidelines, UWSP Community Rights & Responsibilities Handbook, and/or the UWSP Residence Hall rules and policies. If further acts occur that would violate this policy in regard to alcohol use, the student(s) will be subject to the provisions hereunder. Other conduct, such as assault or property damage, shall also be addressed through appropriate campus and UWSP System policies and procedures. (UWSP Alcohol guide)

VI. **Drug Policy**

The Athletic Department strongly believes that the illicit use of drugs (excluding those drugs prescribed by a physician to treat a specific medical condition) can be detrimental to the physical and mental health and well-being to its student-athletes, no matter when such use would occur during the year. In addition to being against the law, the use of drugs can seriously interfere with the performance of individuals as student-athletes and be injurious to student-athletes and their teammates, particularly when participating in athletic competition or practice.

The University of Wisconsin Stevens Point prohibits the use of drugs or substances listed as the NCAA’s list of banned substances by any student-athlete who participates. The University of Wisconsin Stevens Point is committed to developing and maintaining an environment that encourages and fosters drug-free competition.

At the beginning of each year, a student-athlete must sign both the NCAA and UWSP drug-testing consent form. These forms allow the NCAA and the University of Wisconsin Stevens Point to test student-athletes for banned substances. The following rules and regulations apply to you:

1. **Drug Screening Procedure**:
   The drug screening program applies to all student-athletes, in-season and out-of-season. All student-athletes are eligible to be tested on a random, mandatory basis. Participants may be screened for any and/or all of the
NCAA banned substances based on reasonable suspicions obtained by a university representative(s).
Reasonable suspicion is defined as suspicion based on specific, personal and/or direct observation that the
university representative(s) can describe concerning any of the four areas that warrant further investigation:
appearance, behavior, speech, odor, arrest or conviction for a criminal offense related to the possession or
transfer of prohibited drugs or substances, and possession of drug paraphernalia.

Selection of student-athletes to be randomly screened will be a percentage of the total number of UWSP
student-athletes prior to screening each year. Student-athletes will be selected on a random basis. The method
of randomization will be determined after rosters have been submitted for eligibility, and will not reflect any
individual bias toward any individual student-athlete.

2. **Contact Meeting:**
A student-athlete under reasonable suspicion for use of a banned substance will be notified by the Athletic
Director or coach to report within 24 hours for a contact meeting. The meeting, to be conducted with the
Athletic Director, Certified Athletic Trainer(s), and the Head Coach, will outline to the student-athlete the
reasons he/she is considered to be under reasonable suspicion for the use of banned substance and the
penalties associated. If a denial is made, a student-athlete will then be informed of the screening protocol and
ask to submit thereto.

3. **Specimen Collection/Screening:**
Screening for banned substances will be conducted through the use of a urine specimen. There will be no
intrusive testing through the use of blood samples. All tests will be evaluated at the NCAA threshold for each
banned substance. After being shared with the student-athlete, all test results will remain confidential and
secured by the Athletic Director. This information will be released only to those University staff and medical
staff on a need to know basis (who include, but are not limited to, the Chancellor, CPS Dean, Athletic Director,
Team Medical Personnel, Certified Athletic Trainers, Head Coach(s) and the University Health and Counseling
Center.

The Head Athletic Trainer or other designated staff Athletic Trainer will notify any student-athletes that have
been chosen for testing and will ensure that they arrive at the testing site at the given time. Student-athletes
are required to provide a urine sample under the strict supervision of the designated drug testing personnel.
The athlete is assigned a personal code number from a list of provided which is recorded on the student-
athlete’s signature form and on the test bottle.

The sample is analyzed for the presence of substances banned by the NCAA, including:
- Stimulants
- Anabolic Agents
- Alcohol
- Diuretics and Other Masking Agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2Agonists
- Others, at the discretion of the University of Wisconsin Stevens Point Team Physician

*Note: Any substance chemically related to these classes is also banned.*
Drugs and Procedures Subject to Restrictions:

- Blood Doping
- Local Anesthetics (under some conditions)
- Manipulation of Urine Samples
- Beta-2 Agonists permitted only by prescription and inhalation
- Caffeine if concentrations in urine exceed 15 micrograms/ml

**Note:** There is no complete list of banned substances. Any substance that is chemically related to the class, even if it is not listed as an example, is also banned.

**Note:** Student-Athletes are responsible for anything they ingest.

**Note:** Detection of prescription medications that have been taken without a physician’s written consent/permission may be treated as a positive drug test.

A student-athlete failing to report for drug testing after notification, failing to follow testing protocol or attempting to alter the integrity or validity of a sample shall be charged with a positive drug test. The student-athlete shall then be considered in violation of this policy and subject to the appropriate sanctions.

4. **Communication of Positive Test Result**
Positive drug test results are considered private information that is protected by law. Such information shall only be shared on a need-to-know basis. In keeping with the department’s commitment to student-athlete welfare, the following individuals play a critical role in effectively implementing the drug testing protocol and are thus notified of any positive results:
- **Athletics Director** (responsible for all student-athletes)
- **Applicable Team Physician** (oversees department medical care and education)
- **Senior Women’s Administrator** (responsible for eligibility certification)
- **Head Coach** (responsible for sport program and participating student-athletes)
- **Head Athletic Trainer** (coordinates follow-up testing and medical care for student-athletes on assigned team)
- **Substance Abuse Counselor** (provides required follow-up counseling/assessment)

All positive tests are reported to the Head Athletic Trainer, who informs the student-athlete, the Athletic Director, the Head Coach and the Athletic Trainer assigned to the student-athlete’s sport within 48 hours of notification. The applicable Team Physician is also an educational resource and is available to provide information to the student-athlete.

5. **Request for Additional Drug Screen**
If a student-athlete tests positive for a banned substance and he/she believes the results are inaccurate, the athlete has the right to request an additional screening. To initiate this process, the student-athlete must provide written request to the Athletics Director within 48 hours of the athlete’s notification of the positive test.

Upon the Athletic Director’s approval of the student-athlete’s request for an additional screening, the UWSP Sports Medicine Physician will contact the drug testing laboratory. A second drug screen can be performed at a certified lab using the original sample at the student-athlete’s expense. Testimony regarding the chain of custody and procedures at the laboratory can be provided for the student-athlete by the laboratory, also at the student-athlete’s expense.

6. **Refusal to submit**
Any student-athlete who refuses to submit to screening will be treated as having had a positive test result for the purpose of imposing disciplinary action pursuant to this policy. The student-athlete’s record, however, will appropriately reflect that fact that the discipline was based on his/her refusal to submit to screening rather than as a consequence of a positive test result.

If a student-athlete refuses to participate in a test, they will be treated as having tested positive and will be ineligible to complete in all athletic events for 30% of the team’s regular season contests which may include post contest dates and carry over to the next season. The student-athlete will be subjected to a re-entry test and to follow-up testing throughout the rest of their collegiate career.

If a student-athlete tries to cheat the testing process by substituting, adulterating, or intentionally diluting their specimen they will be treated as having tested positive. The student-athlete will be ineligible to compete in all athletic events for one calendar year from the date of cheating violation. The student-athlete will be subjected to a re-entry test and to follow-up testing throughout the rest of their collegiate career.

7. Admission and/or Self-Referral

If the student-athlete admits to using a banned substance during the contact meeting or initiates a self-referral or tests positive to any of the banned substances, the following penalties apply:

- A self-referral is defined by a student-athlete’s action of a self-initiated referral to a Department of Intercollegiate Athletics representative

8. Penalties

First Violation

- Mandatory meeting with the Director of Athletics (or Associate Director) and Head Athletic Trainer
- Immediate suspension for 30% of team’s regular season contests, which may include post season contest dates, and can carry over to the next season. If the student-athlete is a multi-sport participant, the suspension will continue into the next sport season. A student-athlete may not sign up for a sport for which they have not previously participated in order to fulfill their suspension. Attendance and participation at practice during the suspension period will be required.
- The student-athlete will be required to attend an AODA assessment by the UWSP AODA counselor as a requirement to be reinstated.
- The student-athlete may be required to submit to future unannounced substance screenings for one (1) year from the contact meeting. If the student-athlete should test positive at any time during that year, then immediate and permanent dismissal from any further participation in intercollegiate athletics at UWSP.

Second Violation

- Immediate and permanent dismissal from any further participation in intercollegiate athletics at UWSP.
- At the student-athlete’s request, an Appeals Hearing can be conducted before any permanent dismissal is imposed. The appeal must be requested within 48 hours of notification.

Appeal Committee:

- 2 Head Coaches representing sports other than that of the student-athlete requesting the hearing
- Faculty Athletic Representative
- 2 SAAC representatives
The decision of the Appeals Board is final and all decisions will be made within 7 days of the initial request.

9. Payment for Drug Screening

UWSP will fund all initial random and screenings due to suspicion granted the results are a confirmed negative. Following the initial positive test, the student-athlete is required and responsible for paying for all additional tests as required by this policy. The screening facility will charge UWSP Athletic for all testing. The Department will bill students for these screenings. Failure to pay for these drug screening will result in an academic hold placed on University transcripts as well as a loss of athletic eligibility until said bill is paid.

Students will be expected to sign all necessary releases of information required in order to monitor care until successful completion of counseling or compliance with program guidelines.

VII. Behavioral Guidelines

Each student-athlete represents the University of Wisconsin Stevens Point and is expected to conduct themselves responsibly, and in a mature manner. Behavior on and off the playing surface reflects on UWSP and each team. Disciplinary action up to athletic suspension or dismissal from the team may result from such violations, at the discretion of coach and A.D. The following guidelines will be applied and enforced:

1. Conduct yourself properly while at practice, on the bench or on the sidelines. In case of a disturbance which results in the discontinuation of play, report to your bench area immediately.
2. Keep all language clean when you are representing UWSP Athletics.
3. Adhere to travel arrangements, meal times, and curfews established for each contest, both home and away.
4. Take pride in your personal appearance.
5. Respect the flag during the playing of the National Anthem.
6. Remain with the team at all times on road trips except under circumstances approved by the head coach.
7. Participate in pre-game, halftime and post-game ceremonies when requested to do so by the head coach.

Disciplinary Policies

Conduct incompatible with the University of Wisconsin Stevens Point community, therefore disruptive of our learning environment, shall be subject to disciplinary action. To help students, UWSP established policies for behavior to ensure that an environment supportive of living and learning does exist. Students are responsible for policies as they are defined. These policies are found in the Student Handbook.

Grievance Procedure

If a student-athlete has concerns, questions, or grievances regarding any athletic-related issues, they should begin by addressing their head coach. If this does not resolve anything, the next course of action is the appeals process. The student-athlete has 5 days from the time sanctions are given to complete and turn in the grievance form. The Appeals Committee, which is an athletics review board consisting of the Director of Athletics, Compliance Officer and FAR (or designee of the FAR), has 5 days to return a decision on the appeal.

I acknowledge that my participation in the University of Wisconsin – Stevens Point Intercollegiate Athletic Program is a privilege and not a right, and that I have been informed by The Department of Intercollegiate Athletics of the UWSP Drug Education/Testing Program. I acknowledge that I have been informed that it is my responsibility to read and review this policy and understand the program’s procedures and requirements. (__________) initial here.
I understand that by voluntarily deciding to participate in UWSP Intercollegiate Athletics during the ________ - _________ academic year, I also specifically agree to provide urine samples under direct observation and to submit to testing for substance abuse and alcohol use, as outlined in the Program. In return for the opportunity to participate in intercollegiate athletics, I am making the Statement of Understanding.

I understand and agree that my failure or refusal to cooperate or comply with the Program’s requirements, including providing urine samples, may ultimately result in my suspension or permanent dismissal from participation in the University’s intercollegiate athletics program.

I hereby authorize the designated UWSP Athletics Administrator/Physician to act as my physician for the limited purpose of receiving the results of the analysis of my urine for substance abuse, as provided by the Program.

I further authorize the designated UWSP Athletic Administration to disclose any positive test results only to the following persons and only under the circumstances provided by the Program: a) counselors or other treatment agencies to which I may be referred, (b) my sport’s Head Coach, (c) The Director of Athletics, or those acting for the Director, (d) the designated Team Physician, and (e) any other professional as deemed necessary per individual circumstances by the University or screening agency.

I understand that this consent will expire one calendar year from the date on which it is signed.

__________________________________________________ ______________________
Printed Name of Student-Athlete

__________________________________________________ ______________________
Signature of the Student-Athlete

__________________________________________________ ______________________
Signature of a Parent/Guardian of a Minor

Cell Phone Number